



# St. Mary's Cathedral Parish

415 Hamilton St., Ogdensburg, NY 13669  
315-393-3930 - FAX 315-393-6680  
[www.saintmaryscathedral.net](http://www.saintmaryscathedral.net)

**SIXTH SUNDAY IN ORDINARY TIME**

**February 14, 2010**

## Mass intentions for this week

### **Monday, February 15 - Weekday**

8:45 *Novena Prayers*

9:00 Jude Lesperance by Jim & Mary Margaret Fish

10:50 (SJ) Donald Rivet by Tom and Sue Corrice

7:30 - NO MASS

### **Tuesday, February 16 - Weekday**

10:50 (SJ) Loretta Lalonde by Joe and Mary Ellen Denoncourt

12:00 138th Anniversary of the Founding of the Diocese

### **Wednesday, February 17 - ASH WEDNESDAY**

10:50 (SJ) Ruth C. Langley by the Ogdensburg Ladies  
Golf Association

12:00 Ronald LaValley by Jim & Helen Todd and family

5:15 Louis J. and Sarah D. Kogut by the estate of Sarah D. Kogut

### **Thursday, February 18 - Lenten Weekday**

10:50 (SJ) *Notre Dame Church*

12:00 Maude Lynch, 27th Anniv., by her daughter

### **Friday, February 19 - Lenten Weekday**

8:00 Richard Stevenson by M/M William Seymour

10:50 (SJ) Leo Gilbert by the Sheppard Family

### **Saturday, February 20 - Lenten Weekday**

12:00 Frances Ann Pagano, Month's Mind, by her family

4:00 (Antic.) Deacon Adam S. Crowe by Deacon and  
Mrs. Spike Bateman

### **Sunday, February 21 - First Sunday of Lent**

8:00 AM - Rose Nelson, 3rd Anniv., by her family

11:00 AM - For the People of the Parish and the Diocese

*-Please note changes in this week's Mass schedule -*

**Next Sunday's Scripture Readings:** Deuteronomy 26:4-10; Romans 10:8-13; and the Gospel of Luke 4:1-13.

You are welcome to participate in Catholic Relief Services' Lenten program, Operation Rice Bowl. Since 1975, this program has inspired Catholics in the United States to pray, fast, learn, and give as we increase our understanding of our global community. We encourage you to participate at home with your family and loved ones. Materials can be found at the doors of the Church.



**All Masses during Lent will be offered in the Main Cathedral. We will also be offering a 12:00 noon Mass on Mondays and Saturdays throughout Lent.**

## **Sanctuary Candles** Week of February 14

**Main Cathedral** - For the Unborn

**Deacon Winter Chapel** - In Memory of John Tebo by  
Jim and Doreen Adams

## Why Catholic?

### *Forms of Prayer*

The *Catechism of the Catholic Church* defines and explains five basic forms of prayer: blessing and adoration, intercession, thanksgiving, petition, and praise. Maybe you are familiar with acronym: ACTS - Adoration, Contrition, Thanksgiving, and Supplication. It is the guidance of the Holy Spirit that stirs the human heart to desire and yearn for God. It is God upon whom we depend for our basic needs to lead us closer to Him. In these acts of praise, thanksgiving, petition, and sorrow to God, we become partners in fulfilling God's design for all of His creation. When and how do you pray? Is there room for praise as well as petition? How might you improve the quality and quantity of your prayer life? Come and join our next *Why Catholic?* session on **Wednesday, February 17**, from 6:30-8:00 PM in the Bishop Brzana Memorial Hall. Learn how to be a better partner with God who longs for us to communicate with Him. The remaining *Why Catholic?* sessions will be held February 24 (*The Sources and Way of Prayer*) and March 3 (*Guides for Prayer*). Come and see and learn how to pray as Jesus did.

## Aid to Churches in Central and Eastern Europe

The Church in Central and Eastern Europe and the former Soviet Union remains in great need. Some parishes still need a proper place to celebrate Mass; some dioceses cannot maintain necessary social and charitable works; and most cannot support basic pastoral work. Please be generous in *Ash Wednesday's* collection to support our brothers and sisters throughout Central and Eastern Europe. Your gifts will support scholarships for Catholic students, innovative Catholic communications, and essential pastoral work in Europe and parts of Asia that were once under Soviet control. These donations invest in future generations of Catholics: a gift of faith to the future. To learn more, please visit [www.usccb.org/nationalcollections](http://www.usccb.org/nationalcollections).



**A Letter from Father Terry...**

Dear Sisters and Brothers in Christ:

A glance at our calendars tells us that, once again, the Church is calling us to embark on the journey of Lent. By the end of the fourth century, the Lenten period of forty days had been established in the Church. Since that time, this faith journey from Ash Wednesday to the Mass of the Lord's Supper on Holy Thursday has been characterized as a time of getting ready for Easter. Historically, this was a time of special preparation and prayer for those to be baptized on Easter.

However, Lenten preparation is not restricted to only those who are to receive the Easter Sacraments of Baptism, Eucharist and Confirmation. The call to repentance is announced to all of us as this sacred season begins: *"The time is fulfilled and the Kingdom of God has come near; repent and believe in the Good News."* (Mark 1:14-15). This is a privileged time for you and me to focus our attention on spiritual growth, on conversion.

In my priesthood, the most common request for prayer that I receive is for the well being of family members and their return to the practice of the faith. I invite you to focus on the spiritual life of our families this Lent. Down through the centuries, the Church has amassed a rich treasury of aids to foster our spiritual growth and conversion. These include: Prayer, Fasting, Works of Charity, Scripture, Sacred Liturgy, the Rosary, Adoration of the Blessed Sacrament, the Sacrament of Penance, and the Stations of the Cross.

I encourage you to indulge in these treasures of the Church as we begin Lent 2010. Try to take part in your parish's special Lenten activities. Participate as a family and pray for strong faith-filled families. Remember, too, in prayer those families that have been broken and who experience despair, such as those whose lives have been devastated from the earthquake in Haiti. In so many ways, family life today is being undermined. The power of these Lenten practices can strengthen struggling families, heal those that are hurting, and assure anxious parents of God's abiding presence and love. Resolve this Lent to cherish your family and God's rightful place in it.

As we receive the ashes on Ash Wednesday, we pray for our individual families and the family of the Church. We rely on God's graces and commit ourselves to make this Lent a time of renewal and spiritual growth for ourselves and our loved ones. God's blessings for a fruitful Lent!

Sincerely yours in Christ,

Rev. Terry R. LaValley  
Diocesan Administrator

**From the Rector's Desk**

I want to thank Barbara Heller Rogers and Joseph Tebo for their service on our Pastoral Council these last two terms. Our parish is indebted to them for their dedication and service to our St. Mary's Cathedral. I am grateful that Jan Lightfoot and Marie Cook have offered to succeed Barb and Joe on the Council. As you know, the parish Pastoral and Finance Councils are always open to all parishioners. We note the upcoming meetings in our bulletin and post the minutes on the bulletin boards in the Cathedral vestibule for your review.



**Elizabeth Ministry**

As our Elizabeth Ministry rosebud program continues, we are pleased to say we have had a wonderful response to this program. You will find silk rosebuds in a basket at the Sacred Heart Altar next to a vase with silk baby's breath flowers. The rosebuds represent a sacred life. A **pink** rosebud is to honor **pregnancy** and the unborn baby. A **red** rosebud celebrates **birth** or **adoption**. A **white** rosebud remembers a **child lost** through miscarriage, abortion, stillbirth, or death. A **yellow** rosebud represents those **waiting to conceive** or **adopt**.

St. Mary's Cathedral parish members promise to pray for those represented by the rosebuds.

**Bequest**

St. Mary's Cathedral recently received a generous bequest from the estate of Alice Louise McMillan. As a parish family, we are very grateful to her for remembering St. Mary's in her will. As a result of this bequest, we are able to have the four Processional Candlesticks and our Processional Cross reworked and refinished. Please remember to keep Louise in your prayers as well as all our benefactors.

**Lenten Regulations 2010**

**ABSTINENCE:** All Catholics who have reached their 14th birthday are bound to abstain totally from meat on the following days: **Ash Wednesday, all Fridays of Lent (except Friday, March 19, the Solemnity of St. Joseph), and Good Friday.**

**FASTING:** All Catholics between the ages of 18 and 59 are bound also to observe the Law of Fast on the following days: **Ash Wednesday and Good Friday.** Fasting, that is, eating less, involves limiting oneself to a single full meal and avoiding food between meals. Lighter nourishment may be taken on two other occasions in the course of the day.

**PRAYER & PENANCE:** The entire season of Lent should be observed in a spirit of prayer and penance. Spending extra time in prayer or Bible study, attending daily Mass, voluntary sacrifice and self-denial, combined with works of charity and service to others, are all excellent ways to obey the Lord's command to reform our lives and to prepare for the joyful celebration of Easter.

**EASTER DUTY:** All Catholics who have reached the age of reason must confess their serious sins in the Sacrament of Penance at least once a year. They must also receive Holy Communion at least once each year during the Easter season, which this year extends from February 21, the First Sunday of Lent, until Trinity Sunday, May 30th.

**OBLIGATION:** All Christ's faithful are obliged by divine law to do penance. The days set aside for fast and abstinence in Lent are special ways of doing penance and are an expression of unity for all the Church.

**Remember in Prayer**

**We pray for loved ones who are ill:**

Davalene Layng, Leward Lucia, Joan Cutway, Jean Seeley, Dennis Moore, Wanda Taylor, Randy Livingston, Stanley Seymour, Geraldine Sansoucy, Mike Cagler, Elmer Martel, Tori Elliott, Michele Cline, Janet Knill, David Troiano, Peter Hayes, and Annalynn Surace.

**We also request your prayers for:**

Those who care for the sick and all our military men, women, and their families.

**This Week at a Glance**



**Sunday, February 14**

- No Religion classes.
- Adult Choir rehearsal at 10:00 AM in the choir loft.
- No Children's Liturgy of the Word at the 11 AM Mass.

**Monday, February 15**

- St. Vincent de Paul Society meeting at 9 AM in the rectory.
- RCIA meeting at 7 PM in the rectory.

**Tuesday, February 16**

- Pastoral Council meeting at 6:30 PM in the rectory.

**Wednesday, February 17**

- Legion of Mary meeting at 3:30 PM in the rectory.
- *Why Catholic?* meeting from 6:30-8 PM in the Bishop Brzana Memorial Hall.

**Thursday, February 18**

- Exposition of the Blessed Sacrament in the Deacon Winter Chapel after the 12 noon Mass until 5 PM.

**Friday, February 19**

- Stations of the Cross at 7 PM in the main Cathedral.

**Sunday, February 21**

- No Religion classes.
- Adult Choir rehearsal at 10:00 AM in the choir loft.
- No Children's Liturgy of the Word at the 11 AM Mass.
- Rite of Election at 2:30 PM in the Cathedral.

Capital Campaign Phase I goal.....	\$1,200,000.00
Capital Campaign Phase II goal.....	\$ 400,000.00
Cash received.....	\$ 854,921.41
Outstanding pledges.....	\$ 554,606.17
Total cash and pledges as of February 9.....	\$1,409,527.58
<i>Number of donors: 387</i>	



**God's plan for giving - tithing**  
**February 6-7, 2010**

Envelopes.....	\$ 9,544.00
Plate.....	\$ 620.50
Children's Envelopes.....	\$ 4.00
Miscellaneous/Donations.....	\$ 295.00
Total.....	\$ 10,463.50
Envelopes last year.....	\$ 10,684.92

**May God bless you for your continued generosity!**

**Staff**

**Diocesan Administrator/Rector**

Rev. Terry R. LaValley, J.C.L.

**Deacon**

Deacon Francis F. Bateman  
Deacon David J. Sandburg  
Deacon John L. White

**Pastoral Associate**

Sister Mary Teresa LaBrake, G.N.S.H.

**Priest in Residence**

Rev. Vicente F. Jazmines

**Office Staff**

Mrs. Gail G. Bouchard, Business Manager  
Mrs. Catherine J. Romano, Office Assistant  
Mrs. Rose-Marie M. Missert, Office Assistant

**Music Director**

Mr. Ernest W. Hadley, Jr., Organist/Choir Director

**Maintenance**

Mr. David W. Mills  
Mr. Peter F. Nadler  
Mr. Michael W. Jerome

**Household Staff**

Mrs. Deborah S. Henry  
Mrs. LouEllen Smithers

**Saint Marguerite D'Youville Academy**

315 Gates Street 393-0165  
Mrs. Celina R. Burns, Principal  
Mrs. Mary Ellen Sansoucy, Secretary

**Religious Education**

214 Morris Street 393-1820  
Mrs. Celina R. Burns, Director of Religious Education  
Mrs. Julie F. Gebo, Secretary  
[bishopconroydre@verizon.net](mailto:bishopconroydre@verizon.net)

**St. Vincent de Paul Society**

1115 Ford Street 393-6579  
Store Hours: 1:30 - 4:00 p.m. Monday - Friday  
12:30 - 3:00 p.m. Saturday  
Store is closed during July and August

**Weekend Liturgies**

Saturday 4:00 p.m. anticipated  
Sunday 8:00 a.m., 11:00 a.m.

**Reconciliation**

Saturday 3:00 - 3:45 p.m.  
Sunday 10:15 - 10:45 a.m.  
or by contacting Father Terry

**Nocturnal Adoration**

Thursday before the First Friday of each month in Deacon Winter Chapel beginning with Holy Hour for Vocations at 8:00 p.m. and concluding at 7:00 a.m. on First Friday.

**Eucharistic Adoration**

First Friday and Thursdays (except the Thursday before the First Friday of the month) in Deacon Winter Chapel beginning after the noon Mass until 5:00 p.m.

**Daily Liturgies/Holy Days**

As listed in the bulletin.

**Baptism**

As arranged by parish staff. Godparents are to be at least 16 years of age, have received Holy Communion and Confirmation, and practice their Catholic faith. A baptized person who belongs to a non-Catholic ecclesial community may be admitted in the company of a Catholic sponsor, serving as a Christian Witness.

**Marriage**

As arranged with the parish staff.

**Project Rachel**

Alternatives to Abortion: 393-2255 or 393-2660

**Elizabeth Ministry**

Contact Sister Mary Teresa LaBrake, G.N.S.H., at 393-3930.

**PLEASE BE AWARE OF ANY ICE AND SNOW  
FALLING FROM THE CHURCH AND RECTORY  
ROOFS. THANK YOU!**

**END OF BULLETIN  
ANY TEXT OR GRAPHICS ENTERED ON THIS PAGE  
WILL NOT APPEAR IN THE PRINTED BULLETIN.**

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